

“Being independent
is what’s most important.”

practico alu plus

.bock[®] ///





Quality
made in
Germany

Elegant design: The picture shows
the version with SR3



Individual height adjustment:
for getting in and out of bed comfortably

Comfort all the way: the bock practico alu plus

The practico alu plus is a functional low bed that helps carers to provide individual care according to individual needs. The height adjustment of 25 to 80 cm allows carers to work kinaesthetically in all care situations. The mobilisation of the resident and care at the bedside is made much easier thanks to the individually adjustable height.

Ergonomic comfort

The practico alu plus is extremely ergonomic and comfortable for the resident, too. The mattress compensation combined with the long backrest avoids pressure peaks and thus ensures comfortable sitting and lying positions from a physiological point of view. For even more flexibility in day-to-day care, the practico alu plus can be extended by 10 or 20 cm without tools being necessary. The carer is able to adapt the length of the bed to the resident's size within just a few seconds.

If residents wish to get out of bed, they can move the practico alu plus to a suitable height using the easy-to-operate hand control.

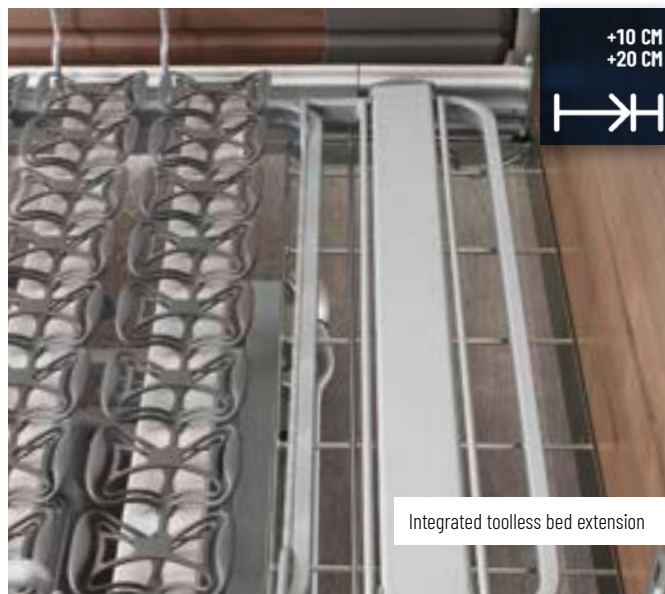


The ergonomic lying surface is divided into four sections, allowing optimum sitting and lying positions from a physiological point of view

Flexible in terms of equipment, too:

The practico alu plus can be equipped with two different side rail systems. Choose between SR1 and SR3 depending on your needs. More on page 10.

practico alu plus: all the benefits at a glance



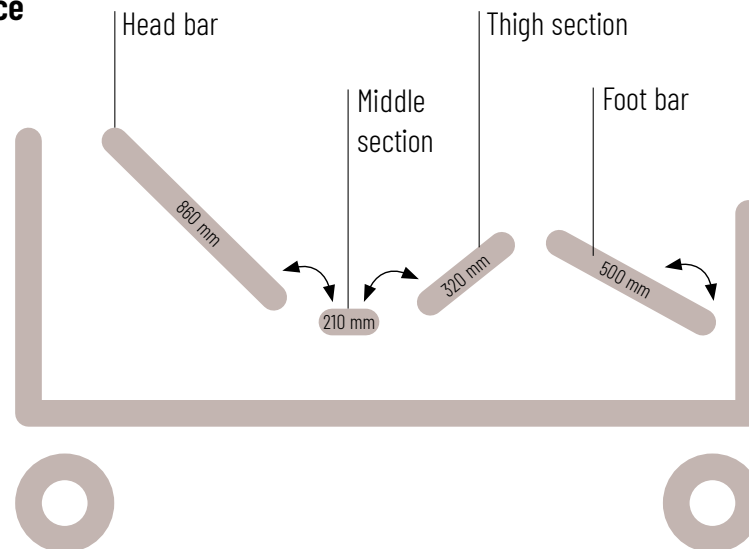
Optimised in terms of ergonomics: the mattress frame

The lying surface of the practico alu plus fulfils a clearly defined level of quality for institutional care: comfortable and ergonomically optimised rest.

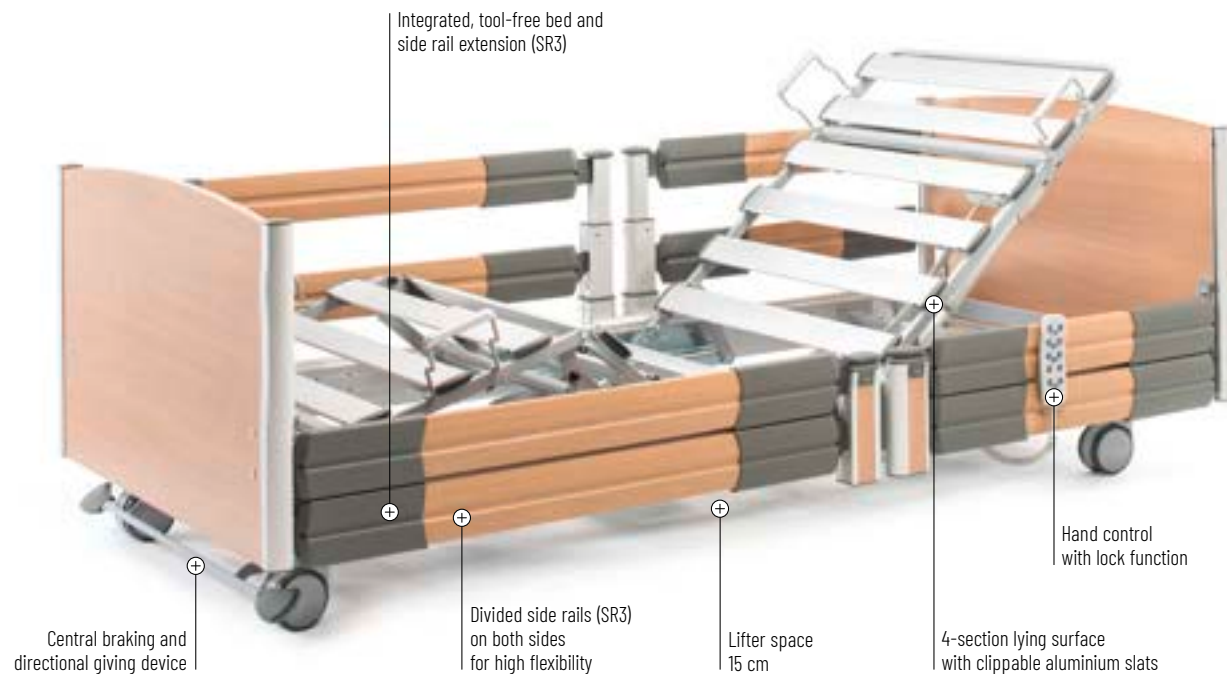
- ⊕ The lying surface is divided into 4 sections, providing an ergonomic backrest and mattress compensation ensuring a comfortable and physiologically sensible sitting position and avoiding pressure peaks. The length compensation of the backrest is 13.5 cm (mattress compensation)
- ⊕ Wide range of sitting and lying positions as well as lying surface systems offer increased individual lying comfort
- ⊕ Integrated, tool-free bed and side rail extension (with SR3) for simple and fast adaptation to the resident's size
- ⊕ Various adjustment options such as Trendelenburg, Anti-Trendelenburg and comfort sitting position can be selected at the push of a button



The lying surface



practico alu plus



practico alu plus

Dimensions

Outer dimension	102 × 208.5 cm
Lying surface	90 × 200 cm
Special dimensions	Width 100, 105, 110 cm Length 210 cm integrated up to 220 cm
Height adjustment	25–80 cm
Lifter space	15 cm

Weights

Bed weight	approx. 135 kg
Safe working load	220 kg
Max. person weight	185 kg

Side rails

Systems	SR1 or SR3 (see page 10)
Versions	continuous, long split, short split (only with SR3), head end, without rail
Height*:	
- With wooden slats	39.5 cm
- With ripolux® neo	35 cm

Further equipment features

End panels	20, 21 and 22
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Motor

Splash-proof according to IPX4, high-quality spiral cable with strain relief and kink protection, SMPS plug transformer with extra-low safety voltage offering safety from the socket
Optional: CPR emergency lowering

* Distance between upper edge of lying surface and upper edge of raised side rail (SR3)



Product specifications, end panels as well as accessories can be found from page 11 onwards.



More information
www.bock.net

Cost reduction integrated: bed extension as standard

The practico alu plus is equipped with an integrated, tool-free bed extension. The lying surface can be extended by 10 or 20 cm. When the bed is equipped with side rail SR3, the side rail is automatically extended too. In particular, tall residents from around 180 cm enjoy the ergonomic comfort and professional carers work with maximum flexibility without having to convert the bed in a time-consuming and expensive way. Simply extend – that's it.

- ⊕ A special comfort highlight for residents is extension of the lying surface:
The extension bracket is automatically moved when the lying surface is adjusted, so that calves and feet are always supported comfortably.
- ⊕ Carers can adapt the length of the bed to different resident profiles and care situations quickly and easily.

The extension set can simply be ordered as an option with every bed. The set comprises:

- ⊕ *Bracket for extending the lying surface*
- ⊕ *Two aluminium pieces for extending the side panels*



Loosen the screws and pull out the foot end panel – easy and effortless.



Attach the side panels and insert the extension bracket.



For a high feel-good factor, the modules of SR1 can be adapted individually to the bed's colour.

Individually configurable: 2 side rail systems

SR1



- ⊕ Smooth and easy handling with soft close
- ⊕ High flexibility due to 3 different available lengths
- ⊕ Backwards compatible with selected bed models
- ⊕ Compact overall height
- ⊕ Optimal haptics
- ⊕ Subtle and straight design
- ⊕ Full implementation of the standard DIN EN 60601-2-52



SR3



- ⊕ High variety of variants and different colours
- ⊕ Integrated side rail extension possible
- ⊕ Proven for years
- ⊕ Side rail bars in wooden colour for a homelike atmosphere
- ⊕ As an option lockable in the lowest position
- ⊕ Full implementation of the standard DIN EN 60601-2-52



Accessories

For an individual and situationally appropriate bed equipment.

Lifting pole



Lifting pole

Art. no. 92228 A001

Grab rail

Art. no. on request

Lighting



LED bed lamp model G

Connection to control box,
operated by hand control

Art. no. 100.04164



LED bed lamp model E

with external power supply
and toggle switch

Art. no. 207.00196



Underbed lighting

Connection to control box,
operable by hand control

Art. no. on request

Universal holders



Universal clamp

Drainage bag holder

Art. no. 890.02299



Universal clamp

Urine bottle holder

Art. no. 890.02298



Cable holder

Art. no. 910.08886

Infusion holder



Infusion holder (non-adjustable)

Art. no. 890.02301



Infusion holder (height adjustable)

Art. no. 890.02302



Infusion holder for lifting pole

Art. no. 890.02300

Accessories

For an individual and situationally appropriate bed equipment.

Distance holders



**Wall distance holders
with rollers**
Length: 500 mm



**Wall distance holders
with plug**
Length: 500 mm

Bed extension



Set consisting of:
- Bracket for extending the lying surface
- Two extension elements to extend
the side panelling of the frame
Art. no. 404



Mattress extension
Length: 200 mm
Art. no. on request

Miscellaneous



Transport trolley
Art. no. 100.04161



Aluminium covered castors
Art. no. on request



Illuminated hand control
Art. no. on request



Nurse control panel
Art. no. on request



Battery system
Rechargeable battery
to ensure functionality,
e.g. in case of power failure

**Mechanic emergency
lowering of the
head rest**
Art. no. on request

End panels



Typ 20

- Circumferential solid wooden strips with decor filling
- Handrail for more safety
- Practical cover slit



Typ 21

- Curved decor panel: solid wood
- Side-mounted rectangular strips: solid wood
- Curved handle bar: powder-coated steel



Typ 22

- Curved decor panel: solid wood
- Rounded aluminium profiles at the side



Bed cloth deposit

for bed width 90 cm
Art. no. on request

Colours

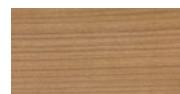
The variety of our portfolio and styles makes bock nursing care beds incomparably flexible. As an experienced manufacturer, we offer high-quality products that combine functionality with comfort. Everything can be retrofitted and converted. The elements can be adapted accordingly. Of course bock nursing care beds can also be equipped with additional functions and optional accessories and are therefore flexible and open for all future changes.

Basic colour



Beech steamed

Additional wood colours



Cherry Havanna



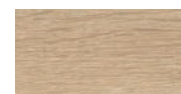
Madison Walnut



Maple After Eight



Royal Maple



Sonoma Oak



Bloomed Beech

Special colour



White

practico alu plus: the benefits at a glance

"I would like a bed that understands how I have changed."



For residents:

- ⊕ Ergonomic backrest and mattress compensation ensure comfortable and physiological sitting position
- ⊕ Safe lying at the lowest height of only 25 cm
- ⊕ Three different lying surface systems for individual resting comfort
- ⊕ Numerous sitting and lying settings incl. comfort sitting position

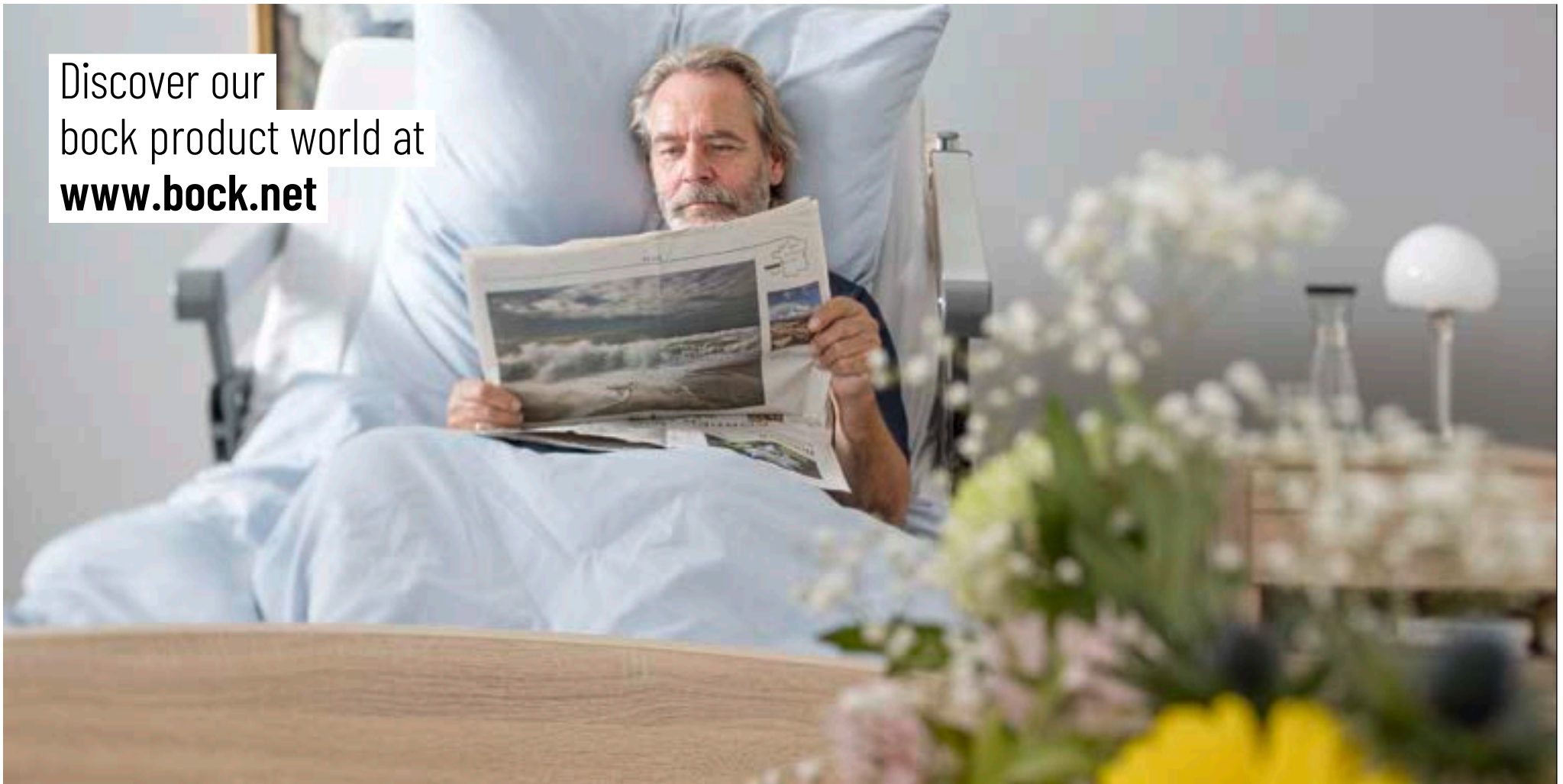
"The better I can care for my residents, the better they feel."



For carers:

- ⊕ Ideal working height of 80 cm
- ⊕ Integrated toolless bed extension to 210 and 220 cm
- ⊕ Large double casters with central braking and directional giving device for simple manoeuvring and locking
- ⊕ Bed cloth deposit available as an option

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www.bock.net



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Order no.: 890.02482
Last updated: 02 | 2022
Subject to technical modifications.
Photo credits: Nicola Rehage, Gütersloh



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